

S-19 June & 6 July 2012 AC after Circulars from Circular No.84 & onwards - 28 -

DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY

CIRCULAR NO.ACAD/NP/ Syll./Pract. Subject/Soc Sci./95/2012

It is hereby notified for the information of all concerned that, on the recommendations of the Boards of Studies, Ad-hoc Boards and Faculty of Social Sciences, the Academic Council at its meeting held on 19-06-2012 has accepted the following Syllabi with Annual Pattern for Practical Examination for B.A. First Year progressively under the Faculty of Social Sciences :-

Sr. No.	Revised Syllabus
[1]	B.A. Library and Information Science,
[2]	B.A. Military Science,
[3]	B.A. Home Science,
[4]	B.A. Geography,
[5]	B.A. Psychology.

The said syllabi appended herewith.

This is effective from the academic year 2012-2013 and onwards.

These syllabi are also available on the University Website


www.bamu.net

All concerned are requested to note the contents of this circular for their information and necessary action.

University Campus,
Aurangabad-431 004.
REF.NO.ACAD/NP/SOCIAL SCI./
2012/20235-645
A.C.M.A.I.Nos.5,6,28,29,31.

Date:- 02-08-2012.

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**Director,
Board of College and
University Development.**

Copy forwarded with compliments to:-

- 1] The Principals, affiliated concerned Colleges,
Dr. Babasaheb Ambedkar Marathwada University
- 2] The Director, University Network & Information Centre, UNIC, with **a request to upload the above all syllabus on University website [www.bamu.net].**

Copy to :-

- 1] The Controller of Examinations,
- 2] The Superintendent, [B.A. Unit],
- 3] The Superintendent, [Eligibility Unit],
- 4] The Director, [E-Suvidha Kendra], in-front of Registrar's Quarter,
Dr. Babasaheb Ambedkar Marathwada University.
- 5] The Record Keeper,
Dr. Babasaheb Ambedkar Marathwada University.

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S-Cover Page Ist Year

- 1 -

**DR. BABASAHEB AMBEDKAR
MARATHWADA UNIVERSITY,
AURANGABAD.**



Revised Syllabus of

B.A. IST YEAR

PSYCHOLOGY

SEMESTER-I & II

[Effective from 2012-13 & onwards]

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
PSYCHOLOGY

Curriculum Structure and Scheme of Evaluation for - B. A.
With effective from 2012-13.

SEMESTER – I									
Unit.	Course Code	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Pract/ Viva-Voce	Total Marks
Unit I.	PSY 101	General Psychology	4	-	4	4	30	-	30
Unit II.	PSY 102	Social Psychology	4	-	4	4	30	-	30
Unit I & II	PSY 103	Psychology Practicum's : Experiments & Test	-	4	4	4	-	-	-
(A) Total of Semester – I			8	4	12	12	60	-	60
SEMESTER – II									
Unit.	Course Code	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Pract/ Viva-Voce	Total Marks
Unit I.	PSY 104	Basic Concepts in Psychology	4	-	4	4	30	-	30
Unit II.	PSY 105	Basic Concepts in Social Psychology	4	-	4	4	30	-	30
Unit I & II	PSY 103 & PSY 106	Psychology Practicum's : Experiments & Test	-	4	4	4	-	80	80
(B) Total of Semester – II			8	4	12	12	60	80	140

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.**PSYCHOLOGY****SYLLABUS FOR - B.A.****With effective from 2012-13.****B. A. First Semester****Course – I**

Unit	Course Code	Title of the Paper	Credits	Marks
Unit I	PSY 101	General Psychology.	4	30
Unit II	PSY 102	Social Psychology.	4	30
Unit I & II	PSY 103	Psychology Practicum's: Experiments & Tests	4	-

Note: -

1. For theory papers 1 credit = 15 periods.
2. For practical's 1 credit = 30 periods.
3. One period comprises 50 minutes duration.
4. For Psychology Practicum's/Experiments/Tests : There shall be a batch of 12 students.
5. There shall be a combined Practical Examination of both semesters annually.

Syllabus for B.A. (Semester – I)
Course I, Unit I
PSY 101 – General Psychology.
With effective from 2012-13.

Marks-30

Objectives: -

1. To provide solid foundation for the basic principles of psychology.
2. To familiarized students with the historical trends in psychology, major concepts, theoretical perspectives, empirical findings.
3. To provide an overview of the applications of psychology.

1. The Science of Psychology: -

Credit 1

- i. What is Psychology? -
 - a. Definition & goals
 - b. Types of psychological professionals
- ii. Historical Perspectives in Psychology
 - a. Structuralism
 - b. Functionalism
 - c. Gestalt
 - d. Psychoanalysis
- iii. Modern Perspectives in Psychology
 - a. Behavioural
 - b. Humanistic
 - c. Biopsychosocial
 - d. Cognitive
- iv. Scientific Methods
 - a. Steps in scientific methods
 - b. Descriptive methods: Naturalistic, Observation, Case Studies
 - c. Experimental method: Laboratory experiment and field experiment
- v. Application: How to enhance your academic performance

2. Biological Foundation of Behaviour: -

Credit 1

- i. Neuron: Structure and function, synapse, neurotransmitters
- ii. Central Nervous System
 - A. The Brain
 - a. Structure and function of the brain
 - b. Cerebral hemispheres
 - B. The Spinal Cord: Structure and function
 - a. Autonomous Nervous System
 - b. Somatic Nervous System
- iii. Glandular system: Pituitary, Thyroid, Parathyroid, Adrenal, Pancreas, Gonads.
- iv. Application: Peeking inside the brain – Clinical studies; EEG, CT, MRI, and PET.

3. Sensation and Perception: -

Credit 1

- i. Sensation
 - a. Definition
 - b. Sensory receptors
 - c. Sensory threshold
 - d. Subliminal perception
 - e. Habituation
 - f. Sensory adaptation
- ii. Definition of perception
- iii. Perceptual constancies: Size, shape and brightness

- iv. Gestalt principles of perception
- v. Perceptual illusion
 - a. Geometrical, movement
- vi. Application: Thinking about extra-sensory perception

4. Motivation and Emotion: -

Credit 1

- i. Definition of motivation
 - a. Concept of homeostasis
 - b. Maslow's hierarchy of needs
- ii. Types of motives
 - a. Physiological- Hunger, thirst, sleep, sex
 - b. Social - Achievement, affiliation, power, and aggression & hostility
- iii. Frustration and Conflict
- iv. Emotion
 - A. Definition
 - B. Elements of emotion
 - a. Physiology of emotion
 - b. Behavioural expression of emotion
 - c. Subjective experience
- v. Application: Being happy

Source Books: -

1. Ciccarelli, S. & Meyer, G. E. (2006). *Psychology*. New Delhi: Pearson Education.
2. Feldman, R. S. (8th ed.) (2008). *Understanding Psychology*. TMH.
3. Passer, M. W. & Smith, R. E. (2007). *Psychology: The Science of Mind and Behaviour*. New Delhi: Tata McGraw-Hill.
4. Coon, D. & Mitterer, J. O. (2007). *Introduction to Psychology: Gateways to Mind and Behaviour*. Singapore: Thomson Wadsworth.

Reference Books: -

1. Lahye, B. B. (2003). *Psychology: An Introduction*. New Delhi: Tata McGraw-Hill.
2. Smith, D. B. (1908). *Psychology: Science and Understanding*. Boston: McGraw-Hill.
3. Smith, E. E., Hocksema, S. N., Fredrickson, B. & Loftus, G. R. (2003). *Atkinson and Hilgard's Introduction to Psychology*. Singapore: Thompson Wadsworth.
4. Zimbardo, P.G. and Weber, A. L. (1997). *Psychology*. N. Y.: Longman.
5. Baran, R. A. (2001). *Psychology*. New Delhi: Pearson Education Pvt. Ltd.
6. Morgan, C. T., King, R. A., Weisz, J. R. & Schopler, J. (1986). *Introduction to Psychology*. McGraw-Hill Book Co.
7. Benjamin, L. T. (1997). *History Of Psychology: Original Sources and Contemporary Research*. New Delhi: McGraw-Hill Companies.
8. Bernstein, D. A., Roy, E. J., Wickens, C. D. and Srull, T. K. (1988). *Psychology*. Boston: Houghton Mifflin co.
9. Pandit, Kulkarni and Gore (1999). *Samanya Manasashastra*. Nagpur: Pimpalpure Pub.
10. Bacchav, Badgujar & Shinde (2001). *Samany Manasashastra*. Nashik: Swayambhu Prakashan.
11. Inamdar, M. K., Gadekar, K. N. & Patil, A. M. (2005). *Adhunik Manasashastra*. Pune: Diamond Publication.
12. Padhye, V. S. (2004). *Manasashastra-Ek Parichay*. Aurangabad: Renuka Prakashan.
13. Abhyankar, S., Amruta oak & Golvilkar, S. (2006). *Manasashastra*. New Delhi: Pearson Education

Syllabus for B.A. (Semester – I)
Course I, Unit II
PSY 102 – Social Psychology.
With effective from 2012-13.

Marks-30

Objectives: -

1. To enable student to appreciate how individual behaviour is influenced by social and cultural contexts.
2. To enable student to develop an understanding of functioning of dyads, groups and organization.
3. To understand the unique features of the Indian socio-cultural context.
4. To understand how social problems can be analyzed in terms of various social psychological theories.

1) INTRODUCING SOCIAL PSYCHOLOGY

Credit 1

- i) What Is Social Psychology?
 - (a) Big questions in social psychology
 - (b) Some big ideas in social psychology
- ii) Social Psychology And Related Disciplines
 - (a) Social psychology and sociology
 - (b) Social psychology and personality psychology
 - (c) Levels of explanation.
- iii) Social Psychology And Human Values
 - (a) Obvious ways values enter psychology
 - (b) Not-so-obvious ways values enter psychology
- iv) Research Methods : How We Do Social Psychology
 - (a) Forming and testing hypotheses
 - (b) Correlational research: detecting for cause and effect

2) BEHAVIOUR AND ATTITUDES

Credit 1

- i) Do Our Attitudes Determine Our Behaviour?
 - (a) Are we all hypocrites?
 - (b) When attitudes predict behavior
- ii) When Does Behaviour Determine Attitudes?
 - (a) Role playing
 - (b) When saying becomes believing
 - (c) Focus on : saying becomes believing
 - (d) The foot-in-the-door phenomenon
 - (e) Evil acts and attitudes
 - (f) Interracial behaviour and racial attitudes
 - (g) Social movements
- iii) Why Does Our Behavior Affect Our Attitudes?
 - (a) Self-presentation: impression management
 - (b) Self-justification: cognitive dissonance
 - (c) Self-perception
 - (d) Comparing the theories.

3) CONFORMITY

Credit 1

- i) What Is Conformity?
- ii) What Are The Classic Conformity Studies?
 - (a) Sherif's studies of norm formation
 - (b) Asch's studies of group pressure
 - (c) Milgram's obedience experiments

- (d) What breeds obedience?
- iii) What Predicts Conformity?
 - (a) Group size
 - (b) Unanimity
 - (c) Cohesion
 - (d) Status
 - (e) Public response
 - (f) No prior commitment
- iv) Why Conforms?
- v) Why Conforms?
 - (a) Personality
 - (b) Culture
- vi) How Can We Resist Social Pressure To Conform?
 - (a) Reactance
 - (b) Asserting uniqueness

4) GROUP INFLUENCE

Credit 1

- i) What Is A Group?
- ii) Social Facilitation: How Are We Affected By The Presence Of Others?
 - (a) The mere presence of others
 - (b) Crowding : the presence of many other
 - (c) Why are we aroused in the presence of others/
- iii) Social Loafing: Do Individuals Exert Less Effort In A Group?
 - (a) Many hands make light work
 - (b) Social loafing in everyday life
- iv) Deindividuation: When Do People Lose Their Sense Of Self In Groups?
 - (a) Doing together what we would not do alone
 - (b) Diminished self- awareness
- v) Group Polarization: Do Groups Intensify Our Opinions?
 - (a) Do groups intensity opinions?
 - (b) Explaining polarization
- vi) Groupthink: Do Groups Hinder Or Assist Good Decisions?
 - (a) Symptoms of groupthink
 - (b) Critiquing groupthink
 - (c) Preventing groupthink
 - (d) Group problem solving

Sources Book: -

1. Myers, D.G. (2006). *Social Psychology*. (8th ed) New Delhi: Tata McGraw-Hill.
2. Myers, D.G. (1996). *Social Psychology*. (5th ed) New Delhi: Tata McGraw-Hill.
3. Baron, R. A. & Bryne, D. (2005). *Social Psychology*. (10th Ed) New Delhi: Prentice Hall of India.

Reference Book: -

1. Baron, R. A., Bryne, D., & Branscombe, N. R. (2007). *Social Psychology*. (11th Ed) New Delhi: Pearson Education.
2. Singh, A. K., *Saamaajik manavidhyaan* New Delhi: Motilal Banarasidas
3. Palsane, M.N., & Talwalkar, V. (2000) *Samajik Manasashastra* Pune: Continental Prakashan
4. Kool, V.K. & Agraval, R. (2006). *Applied Social Psychology*. New Delhi: Atlantic Publishers.
5. Dr. Golvilkar . S. , Dr. Abhyankar .S., Kher . T. : (2012) *Samajik Manashastra*, Narendra Publication, Pune.

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

SYLLABUS FOR - B.A.

With effective from 2012-13.

B. A. Second Semester

Course – II

Unit	Course Code	Title of the Paper	Credits	Marks
Unit I	PSY 104	Basic Concepts in Psychology.	4	30
Unit II	PSY 105	Basic Concepts in Social Psychology.	4	30
Unit I & II	PSY 106	Psychology Practicum's: Experiments & Tests	4	-

Note: -

1. For theory papers 1 credit = 15 periods.
2. For practical's 1 credit = 30 periods.
3. One period comprises 50 minutes duration.
4. For Psychology Practicum's/Experiments/Tests: There shall be a batch of 12 students.
5. There shall be a combined Practical Examination of both semesters annually.

Syllabus for B.A. (Semester – II)
Course II, Unit I
PSY 104 – Basic Concepts in Psychology.
With effective from 2012-13.

Marks-30

Objectives: -

1. To provide solid foundation for the basic principles of psychology.
2. To familiarized students with the historical trends in psychology, major concepts, theoretical perspectives, empirical findings.
3. To provide an overview of the applications of psychology.

1. Personality: -

Credit 1

- i. Definition of Personality
- ii. Theories of Personality
 - a. Freud's Psychoanalytic Theory
 - b. Allport's Theory
 - c. Cattell's Theory
 - d. The Big Five Model
- iii. Assessment of Personality (I)
 - A. Personality Inventories
 - a. 16 PF
 - b. MMPI
 - c. NEO-PI
- iv. Assessment of Personality (II)
 - A. Behavioural assessment
 - a. Observation
 - b. Rating
 - B. Projective techniques
 - a. TAT
 - b. Rorschach's Ink Blot Test
 - c. Sentence Completion Test
- v. Application: Increasing self efficacy through goal setting

2. Learning: -

Credit 1

- i. Definition of learning
- ii. Classical conditioning
 - a. Pavlov's experiment
 - b. Extinction
 - c. Spontaneous recovery
 - d. Generalization
 - e. Discrimination
 - f. Higher-order conditioning
- iii. Operant conditioning
 - a. Thorndike's laws of learning
 - b. Skinner's experiment
 - c. Positive reinforcer
 - d. Negative reinforcer
 - e. Schedules of reinforcement
 - f. Shaping
- iv. Cognitive learning theories
 - a. Tolman, Kolher
 - b. Observational learning theory (Bandura)
- v. Application of Classical and Operant Conditioning

3. Memory: -**Credit 1**

- i. Definition and process
- ii. Types of memory
 - a. Sensory memory
 - b. Short term memory
 - c. Long term memory
- iii. Types of long term memory
 - a. Procedural
 - b. Declarative (Episodic, Semantic)
 - c. Explicit and Implicit
- iv. Forgetting:
 - a. Course of forgetting (Ebbinghaus' forgetting curve)
 - b. Cause of forgetting
 - c. Encoding failure
 - d. Decay of memory traces
 - e. Interference
 - f. Motivated forgetting
- v. Application
 - a. Improving memory
 - b. Keyword techniques
 - c. Method of loci
 - d. Encoding specificity
 - e. Organization of test material
 - f. Organization of lecture notes
 - g. Practice and rehearsal

4. Intelligence: -**Credit 1**

- i. Definition of intelligence
- ii. Measurement of intelligence
 - a. Concept in Measurement of intelligence (C.A., M.A., IQ)
 - b. Test of Intelligence-Binet, Stanford Binet, Wechsler
- iii. Individual difference in intelligence
 - a. Mental retardation: Meaning, causes and classification
 - b. Giftedness
- iv. Theories of intelligence - Spearman, Gardner, Sternberg
- v. Application
 - a. Early childhood intervention – a means for boosting intelligence

Source Books: -

1. Ciccarelli, S. & Meyer, G. E. (2006). *Psychology*. New Delhi: Pearson Education.
2. Feldman, R. S. (8th ed.) (2008). *Understanding Psychology*. TMH.
3. Passer, M. W. & Smith, R. E. (2007). *Psychology: The Science of Mind and Behaviour*. New Delhi: Tata McGraw-Hill.
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11. Inamdar, M. K., Gadekar, K. N. & Patil, A. M. (2005). *Adhunik Manasashastra*. Pune: Diamond Publication.
12. Padhye, V. S. (2004). *Manasashastra-Ek Parichay*. Aurangabad: Renuka Prakashan.
13. Pandit, R. V., Borude, R. R. Abhnyakar, S. & Golvilkar, V. (2006). *Manasashastra*. Pune: Continental Publishing.

Syllabus for B.A. (Semester – II)
Course II, Unit II,
PSY 105 – Basic Concepts in Social Psychology.
With effective from 2012-13-.

Marks-30

Objectives: -

1. To enable student to appreciate how individual behaviour is influenced by social and cultural contexts.
2. To enable student to develop an understanding of functioning of dyads, groups and organization.
3. To understand the unique features of the Indian socio-cultural context.
4. To understand how social problems can be analyzed in terms of various social psychological theories.

1) PREJUDICE : DISLIKING OTHERS

Credit 1

- i) What Is The Nature And Power Of Prejudice?
 - (a) Defining prejudice
 - (b) Racial prejudice
 - (c) Gender prejudice
- ii) What Are The Motivational Sources Of Prejudice?
 - (a) Social inequalities: unequal status and prejudice
 - (b) Socialization
 - (c) Institutional supports
- iii) What Are The Motivational Sources Of Prejudice?
 - (a) Frustration and aggression : the scapegoat theory
 - (b) Social identity theory : feeling superior to others
 - (c) Motivation to avoid prejudice
- iv) What Are The Cognitive Sources Of Prejudice?
 - (a) Categorization: Classifying people into groups
 - (b) Distinctiveness: perceiving people who stand out
 - (c) Attribution: is it a just world?
- v) What Are The Consequences Of Prejudice?
 - (a) Self –perpetuating stereotypes
 - (b) Discrimination's impact: the self-fulfilling prophecy
 - (c) Stereotype threat
 - (d) The story behind the research: claude steele on stereotype threat
 - (e) Do stereotypes bias judgments of individuals?

2) AGGRESSION : HURTING OTHERS

Credit 1

- i) What Is Aggression?
- ii) What Is Some Theories Of Aggression?
 - (a) Aggression as biology
 - (b) Aggression as a response to frustration
 - (c) Aggression as learned social behaviour
- iii) What Are Some Influences On Aggression?
 - (a) Aversive incidents
 - (b) Arousal
 - (c) Aggression cues
 - (d) Media influences: pornography and sexual violence
 - (e) Media influences: television
 - (f) Media influences: video games
 - (g) Group influences

- iv) How Can Aggression Be Reduced?
 - (a) Catharsis?
 - (b) A social learning Approach

3) HELPING

Credit 1

- i) Why Do We Help?
 - (a) Gaining rewards, avoiding punishment evolutionary psychology
 - (b) Comparing and evaluating theories of helping
 - (c) Genuine altruism
- ii) When Will We Help?
 - (a) Number of bystanders
 - (b) Helping when someone else does
 - (c) Time pressures
 - (d) Similarity
- iii) Who Will Help?
 - (a) Personality traits
 - (b) Religious faith
- iv) How Can We Increase Helping
 - (a) Undoing the restraints on helping
 - (b) Socializing altruism

4) SOCIAL PSYCHOLOGY IN COURT

Credit 1

- i) How Reliable Is Eyewitness Testimony?
 - (a) The power of persuasive eyewitnesses
 - (b) When eyes deceive
 - (c) Focus on: eyewitness testimony
 - (d) The misinformation effect
 - (e) Retelling feedback to witnesses
 - (f) Reducing error
- ii) What Other Factors Influence Juror Judgments?
 - (a) The defendant's characteristics
 - (b) The judge's instructions
 - (c) Other issues

Sources Book: -

1. Myers, D.G. (2006). *Social Psychology*. (8th ed) New Delhi: Tata McGraw-Hill.
2. Myers, D.G. (1996). *Social Psychology*. (5th ed) New Delhi: Tata McGraw-Hill.
3. Baron, R. A. & Bryne, D. (2005). *Social Psychology*. (10th Ed) New Delhi: Prentice Hall of India.

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4. Kool, V.K. & Agraval, R. (2006). *Applied Social Psychology*. New Delhi: Atlantic Publishers.

Syllabus for B.A. (Semester – I & II)
Course I, Unit I & II
PSY 103 & 106– Psychology Practicum's: Experiments & Tests.
With effective from 2012-13.

Total practical 16

Marks - 80

Objectives: -

1. To create interest in psychological phenomenon.
2. To develop awareness of psychological tools, techniques and tests.
3. To nurture the skill of observation.

➤ **Section A: -**

1. Motivation & Emotion [Any Three]: -

Credit 1

- a. Facial expression
- b. Knowledge of results
- c. Colour Preference
- d. Test of Emotional Intelligence: - Anukool Hyde, Sanjyot Pethe & Upinder Dhar.
- e. Emotional Maturity Scale: - Y. Singh & M. Bhargava.
- f. Emotional Competence Scale: - R. Bharadawaj & H. Sharma.
- g. Social Motives Scale: - R. N. Singh & M. Bhargava.
- h. Need Pattern Scale: - Seema Sanghi.
- i. Deo-Mohan Achievement Motivation Scale (N-Ach) : - Prathiba Deo & Asha Mohan.

2. Sensation & Perception [Any Two]: -

Credit 1

- a. AL
- b. DL
- c. PSE
- d. Perception of grouping
- e. Illusion
- f. Figure and ground

3. Social Process [Any Three]: -

Credit 1

- a. Formation of spontaneous group – Sociometry
- b. Social facilitation
- c. Difficult task / Complex task
- d. The influence of individual instruction & group discussion on attitudes
- e. Competition, & co-operation & work output
- f. Automatic & Democratic group & work output
- g. The Modernization Scale: - R. S. Singh
- h. Conformity Behaviour: -S. N. Rai.
- i. Social Loafing Scale: - Q. G. Alam & R. Srivastava.
- j. Attitude Scale towards Religion: - R. K. Ojha
- k. Religiosity Scale: - L.I. Bhusan.
- l. Social distance scale – Dewedi, K., Bhatnager, S. & Asthana, U.

4. Learning & Memory [Any Two] :-**Credit 1**

- a. Maze Learning
- b. Letter digit substitution test
- c. Paired association learning
- d. Transfer of learning
- e. Trial & Error learning
- f. Conditioning
- g. Habit interference
- h. LTM
- i. STM
- j. Retroactive inhibition
- k. Proactive inhibition
- l. Recall & recognition

5. Intelligence [Any Two] :-**Credit 1**

- a. Pass along test
- b. Koh's Block test
- c. Standard Progressive Matrices
- d. Bhatia's IQ Battery
- e. Verbal test of intelligence
- f. Social Intelligence Scale

6. Personality [Any Two] :-**Credit 1**

- a. Introversion – Extroversion Test
- b. Adjustment Test
- c. Anxiety Test
- d. Study Habit Test
- e. 16 PF
- f. Eysenck Personality inventory.
- g. Type A/B behaviour pattern scale

7. Social Process [Any Two] :-**Credit 1**

- a. Social competence scale (SCS) – Sharma, V. P., Shukla, P., & Shukla, K.
- b. Social acceptability among peers (TSAAP) – Chopra, S.L.
- c. Machiavellianism scale (Mach IV scale) – Rai, S. N. & Chadha, N. K.
- d. Social characteristics description (SCD) – Uniyal, M.P. & Shah, B.
- e. Simple task
- f. Comprehensive Scale of Tension: - R. L. Bharadwaj.
- g. Altruism Scale: - S. N. Rai S. Singh.
- h. Prejudice Scale: - R. I. Bharadwaj & H. Sharma.
- i. Aggression Scale: - G.C. Pati.
- j. Aggression Inventory: - M. K. Sultana.
- k. Aggression Scale: - G.P. Mathur & R. Bhatnagar.

> Section B: -**Credit 1**

Workshop on Communication Skills: -

1. Group discussion on any burning topic.
2. Public speech.
3. Interview (Dummy).
4. Application filling.

A report of all such skills should be submitted at the time of practical examination.

Source Books: -

1. Rajamanickam, M. (2005). *Experimental Psychology: With Advanced Experiments, Vol. 1 & 2*. New Delhi: Concept Publishing Company.
2. Parameshwarn, E.G. & Rao, B. T. (1968) *Manual of Experimental Psychology*. Bombay: Lalvani Publishing House.
3. Mohsin, S. M. (1975). *Experiments in Psychology*. Orient Longman.
4. Mohanthy. *Experiments in Psychology*.
5. Tinker, M.A. & Russell, W. A. *Introduction to Methods in experimental Psychology*. Appleton – Century Crofts.
6. Jalota, S (1962). *Experiments in Psychology*. Asia Publishing House.
7. Galloti, K. M. (2004). *Cognitive Psychology In and Out of Laboratory*. USA: Thomson Wadsworth.

Reference Books: -

1. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). *Laboratory Experiments in General Psychology*. Oxford Univ. Press.
2. Berkowitz, L. (1974). *Advanced Experimental Social Psychology*. Academic Press.
3. Debold, R. C. (1968). *Manual of Contemporary Experiments in Psychology*. Prentice-Hall.
4. Ferguson, E. D. (1976). *Motivation: An Experimental Approach*. Holt Rinechart & Winston.
5. Collins, M. & Drever, J. (1930). *Experimental Psychology*. London: Methun & Co.Ltd.
6. Sonodgrass, J. G., Levy-Berger, Hyden (1985). *Human Experimental Psychology*. New York: Oxford University Press.
7. Kuppaswamy, B. (1958). *Elementary Experiments in Psychology*. London: Oxford University Press.

Distribution of Marks

Section A				Section B		Total
Procedure	Viva	Report	Record Book (Internal)	Viva	Report (Internal)	
15	15	20	10	10	10	80

S-Cover Page Ist Year

- 2 -

**D R. BABASAHEB AMBEDKAR
MARATHWADA UNIVERSITY,
AURANGABAD.**



Revised Syllabus of

B.A. IIIIRD YEAR

PSYCHOLOGY

SEMESTER-V & VI

[Effective from 2012-13 & onwards]

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.**PSYCHOLOGY**

Curriculum Structure and Scheme of Evaluation for - B. A. V & VI Sem

With effective from 2012-13

SEMESTER – V									
UNIT	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Pract/ Viva-Voce	Total Marks
UNIT I	PSY 113	Subsidiary Abnormal Psychology	4	-	4	4	30	-	30
UNIT II	PSY 114	Organizational Psychology	4	-	4	4	30	-	30
UNIT I & UNIT II	PSY 115	Experiments/ Practicum	-	4	4	4	-	40	40
UNIT I	PSY 116	Main Introduction to Counselling	4	-	4	4	30	-	30
UNIT II	PSY 117	Basic Concept in Research Methodology	4	-	4	4	30	-	30
UNIT I & UNIT II	PSY 118	Experiment/Practicum	-	4	4	4	-	40	40
(A) Total of Semester – V			16	8	24	24	120	80	200
SEMESTER – VI									
UNIT	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Pract/ Viva-Voce	Total Marks
UNIT I	PSY 119	Subsidiary Psychopathology	4	-	4	4	30	-	30
UNIT II	PSY 120	Organizational Behaviour	4	-	4	4	30	-	30
UNIT I & UNIT II	PSY 115 & PSY 121	Testing/ Practicum	-	4	4	4	-	40	40
UNIT I	PSY 122	Main Counselling in Action	4	-	4	4	30	-	30
UNIT II	PSY 123	Fundamentals of Behavioral Research	4	-	4	4	30	-	30
UNIT I & UNIT II	PSY 118 & PSY 124	Testing/ Practicum	-	4	4	4	-	40	40
(B) Total of Semester – VI			16	8	24	24	120	80	200

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

SYLLABUS FOR - B.A. T.Y.

With effective from 2012-13.

B. A. Fifth Semester

Course – V

Unit	Course Code	Title of the Paper	Credits	Marks
Unit I	PSY 113	Subsidiary Abnormal Psychology	4	30
Unit II	PSY 114	Organizational Psychology	4	30
Unit I & II	PSY 115	Experiment/Practicum	4	40
Unit I	PSY 116	Main Introduction to Counselling	4	30
Unit II	PSY 117	Basic Concept in Research Methodology	4	30
Unit I & II	PSY 118	Experiment/Practicum	4	40

Note: -

- 1. For theory papers 1 credit = 15 periods.**
- 2. For practical's 1 credit = 30 periods.**
- 3. One period comprises 50 minutes duration.**
- 4. For Psychology Practicum's. There shall be a batch of 12 students.**

Syllabus for B.A. (Semester- V)**Course V, Unit I****PSY 113 – ABNORMAL PSYCHOLOGY****With effect from 2012-13.**

- 1 Abnormal Behaviour in our times : Credit 1**
 - What is abnormal Psychology?, What do we mean by Abnormal behaviour ?
 - Mental Disorders as Maladaptive behaviours
 - DSM IV & ICD – 10 classification of Mental Disorders
 - The problem of Labeling
- 2 Causal Factors and Viewpoints in Abnormal Psychology: Credit 1**
 - What causes Abnormal Behaviour? Necessary, sufficient and contributory causes –
 - Models or view points for understanding abnormal behaviour: The Biological causal factors– Psychosocial causal factors – The Socio-cultural causal factors.
- 3 Panic, Anxiety and their Disorders: Credit 1**
 - The Fear and Anxiety Response patterns
 - Anxiety Disorders
 - Phobic Disorders
 - Generalized Anxiety Disorder.
 - Obsessive – Compulsive Disorders
 - Treatment and outcomes : Psychological therapies ; cognitive behaviour and multimodal therapy
- 4 Somatoform and Dissociative Disorders: Credit 1**
 - Somatoform Disorder
 - Somatization Disorder
 - Hypochondriasis.
 - Pain disorder.
 - Conversion Disorder.
 - Dissociative Disorders :
 - Dissociative Amnesia and fugue.
 - Dissociative Identity disorder.
 - Depersonalization disorder.
 - Casual Factors in somatoform and Dissociative Disorders : Biological, Psychosocial and Socio-cultural factors.
 - Treatment and outcomes.

Source Book:

- 1) Robert .C . Carson , James .N . Butcher, Susan Mineka. (1998). Abnormal Psychology and Modern Life - 10th edition – Library of Congress .
- 2) Irwin .G. Sarason, Barbara .R. Sarason (2005) – Abnormal Psychology – by Prentice Hall.
- 3) Introduction to Psychopathology by Lamman.
- 4) Psychopathology by Buss A.H.
- ५) अपसामान्य मानसशास्त्र लेखक डॉ. अनघा पाटील, डॉ. सुशील सुर्वे, डॉ. मानसी राजहंस

Syllabus for B.A. (Semester- V)**Course V, Unit I****PSY 114 – Organizational Psychology
With effect from 2012-13.****Objectives**

- 1) This course aims and understanding the behaviour of individuals along with other organizational assets
- 2) Students are expected to learn not only the theoretical aspects of the course but also to familiarize themselves with the skills, techniques and their application
- 3) The course would create an enabling experience with the societal contexts.

1] Historical context of organizational Behaviour:-**Credit 1**

- Definition of O.B.
 1. Goals and elements of O.B.
 2. Fundamental Concepts
 3. Nature of Organization
 4. Models of O.B. – Autocratic, Custodial, Supportive and Collective models of O.B.
- Contribution of Taylor & Fayoll

2] Perspectives for understanding O.B. :-**Credit 1**

- Open system approach
- Human Relations perspective
- Socio-technical approach
- Developing an O.B. model Responsive to Indian realities

3] Person in the organization:-**Credit 1**

- Biographical characteristics
- Personality Definitions and Measurement
- Major Personality attributes affecting O.B.
- Matching personality and job
- Personality and culture

4] Values, Attitudes and job satisfaction:-**Credit 1**

- Values:
 - i. Importance of values
 - ii. Types of values
 - iii. Values loyalty and ethical behaviour
- Attitudes:
 - I. Types of Attitudes
 - II. Attitudes and Consistency
 - III. Cognitive Dissonance theory
 - IV. Attitudes and work-force diversity
- Job-Satisfaction:
 - I. Measuring J. S.
 - II. The effect of J. S. on Employee Performance

Books of Readings:

- 1) Robbins S.P. (2000) Organizational Behaviour concepts, controversies and application, New Delhi Prentice Hall of India
- 2) Peters (1994) competitive advantage through people, Unlashing the power of workforce Baston Havard Business School Brass
- 3) Dunnette M.D. and hough L.M. (1992) Hardbreak and Industrial and Organizational Psychology and edition counslling Psychology
- 4) Cumming L.L. and Staw B.M. (1999) Research in Organizational Behaviour care with jai press.

Syllabus for B.A. (Semester- V)
Course V, Unit I & II
PSY 115 – Experiment/Practicum/ Testing
With effect from 2012-13.

A. Experiment & Test (For Main and Subsidiary students – any 10)

1. Localization of Sound
2. Effect of noise on performance
3. Reminiscence
4. Field of Vision & Colour Zone by Perimeter
5. Multiple Choice
6. Signal Detection –
7. Free Association
8. Serial position effect
9. Retroactive inhibition
10. Paired Associate Learning
11. Zeigarnic effect
12. Mental work and Rest
13. Reaction time (Disjunction)
14. Personality Inventory - Khire & Rajguru
15. Maudsley Personality Inventory (MPI)

Section A (Main and Subsidiary Students)				
Marks Distribution				
Procedure	Report	Viva	Record Book Internal	Total
10	10	10	10	40

Syllabus for B.A. (Semester- V)
Course V, Unit I
PSY 116– Introduction to Counselling
With effect from 2012-13.

- 1) **Definition of Counselling Psychology** **Credit 1**
 - i. Importance of counseling,
 - ii. goals of counseling,
 - iii. Scope of counseling .
- 2) **Building counseling relationship** **Credit 1**
 - a) Factors influencing the counseling process :
 - i. seriousness of the presenting problem
 - ii. structure
 - iii. initiative
 - iv. physical setting
 - v. client qualities
 - vi. counselor qualities
 - b) Types of initial interview:
 - i. client versus counselor initiated interview
 - ii. information oriented first interview
 - iii. relationship oriented first interview
 - iv. conducting the initial interview
 - v. empathy.
- 3) **Working in a counseling relationship:** **Credit 1**
 - Counsellor skills in the understanding and action phases.
 - i. changing perceptions
 - ii. leading
 - iii. multifocused responding
 - iv. accurate empathy
 - v. self disclosure
 - vi. immediacy
 - vii. humor
 - viii. confrontation
 - ix. Contracting
 - x. Rehearsal
 - xi. Transference and counter transference-
- 4) **Termination of counseling relationship** **Credit 1**
 - function of termination
 - timing of termination
 - Issues of termination-- termination of individual sessions – termination of counseling relationship
 - resistance to termination : client resistance-counsellor resistance
 - premature termination
 - counsellor initiated termination.

Books recommended:

- 1) Counseling: A Comprehensive Profession (6th edition) by Samuel T. Gladding (2009) ; New Delhi: Pearson Education (Indian edition published by Dorling Kinderslen india Pvt. Ltd.)
- 2) Introduction to counseling and guidance (6th edn) by R.L.Gibson and M.H.Mitchell (2005) New Delhi: Prentice Hall (Eastern Economy Edition)
- 3) Counselling Psychology (1995) by C.J.Gelso and B.R.Fretz Bengurulu: Prismindia
- 5) Samupadeshan (Marathi) by (ed) Deshpande C.G.(2010) Pune : Unmesh Prakashan

Syllabus for B.A. (Semester- V)
Course V, Unit I
PSY 117– Basics Concepts of Research Methodology.
With effect from 2012-13.

Objective:

- This course helps the students for understanding the process of Psychological research.

1). Social scientific research:

Credit 1

A). Meaning & characteristics of social scientific research.

B). Types of research:

- (i). Experimental research.
 - a). Laboratory experiments.
 - b). Field experiments.
- (ii). Non-Experimental research.
 - a). Field studies.
 - b). Ex-post facto.
 - c). Survey research.
 - d). Case study.

2). Problem, Hypothesis, & Variables:

Credit 1

- (i). Meaning and characteristics of a problem.
- (ii). Sources of stating a problem.
- (iii). Important consideration in selecting a problem.
- (iv). Types of problem.
- (v). Meaning and characteristics of good hypothesis.
- (vi). Formulating hypothesis.
- (vii). Ways of stating a hypothesis.
- (viii). Meaning and types of variables.
- (ix). Important considerations in selecting variables.
- (x). Techniques of controlling extraneous variables.
- (xi). Techniques of experimental manipulation of variables.

3). Sampling:

Credit 1

- (i). Population and sample.
- (ii). Meaning and types of sampling.
- (iii). Factors influencing decision to sample.
- (iv). Probability sampling methods.
 - (a). Simple random sampling.
 - (b). Stratified random sampling.
 - (c). Area/Cluster sampling.
- (v). Non-probability sampling.
 - (a). Quota sampling.
 - (b). Accidental sampling.
 - (c). Purposive sampling.
 - (d). Systematic sampling.
 - (e). Saturation sampling.
 - (f). Dense sampling.

4). Techniques of data collection :**Credit 1****(A). Questionnaire**

- (i). Various forms of questionnaire.
- (ii). Characteristics of good questionnaire.

(B). Interview

- (i). Steps in conducting interview.
- (ii). Conducting the interview.
- (iii). Types of interview.
 - (a). Diagnostic interview.
 - (b). Clinical interview.
 - (c). Research interview.
 - (d). Individual and group interview.
- (iv). Advantages of interview.

(C). Observation

- (i) Types of observation.
 - (a). Structured and unstructured observation.
 - (b). Covert and overt observation.
- (ii). Advantages of observation.
- (iii). Conducting observational research.

Source books :

1. Singh A.K. (2006). Tests measurements and research methods in behavioural sciences (Vth edition). Patna : Bharti bhavan.
2. McBurry D.H. (2002). Research methods U.S.A. Words Worth Thompson.
3. Kerlinger F.N. (1994) Fundamentals of behavioural research (IIIrd edition).
4. G.N. Prakash srivastava. :
Advanced research methodology (1994). Radha publication New Delhi.

Reference books

1. Borude .R. .R. (2005) : Sanshodhan Paddhatishastra. Pune: Pune Vidyarthi gruah.
2. Desai, B. & Abhyankar, S.C. (2007). Prayogic Manashastra and Sanshodhan Paddhati.

Syllabus for B.A. (Semester- V)**Course V Unit I & II****PSY 118–Practicum****With effect from 2012-13.****Only for Students offering Main Subject****Section – A****Credit 2**

Small Research Project a report of such project should be submitted at the time of practical examination.

Section A (Main)			
Marks Distribution			
Research Project Summary writing at the time of practical examination.	Viva	Research Project Report (Internal)	Total
10	15	15	40

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

SYLLABUS FOR - B.A. T.Y.

With effective from 2012-13.

B. A. Six Semester

Course – VI

Unit	Course Code	Title of the Paper	Credits	Marks
Unit II	PSY 119	Subsidiary Psychopathology	4	30
Unit II	PSY 120	Organizational Behaviour	4	30
Unit II	PSY 121	Testing/ Practicum	4	40
Unit II	PSY 122	Main Counseling In Action	4	30
Unit II	PSY 123	Fundamentals of Behavioural Research.	4	30
Unit II	PSY 124	Testing/ Practicum	4	40

Note: -

1. For theory papers 1 credit = 15 periods.
2. For practical's 1 credit = 30 periods.
3. One period comprises 50 minutes duration.
4. For Psychology Practicum's. There shall be a batch of 12 students.

Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 119– Psychopathology
With effect from 2012-13.

Objectives:

1. To impart Knowledge about the normality and Abnormality
2. To make students understand the nature and Course of various abnormal conditions.
3. To impart Knowledge and skills needed for Psychological assessment of different abnormal conditions.

1) Mood Disorders

Credit 1

- Unipolar Mood Disorders:
Normal Depression, Mild to Moderate
Depressive Disorder, Major Depressive Disorder
- Bipolar Disorder :
Cyclothymia, Bipolar disorder,
Schizoaffective disorder
- Causal Factors in Mood Disorders
Biological and psychological factors
- Treatment and outcomes
Electroconvulsive therapy
Psychotherapy

2) Personality Disorders

Credit 1

- Personality Disorders
Clinical Features of Personality Disorders
- Types of personality Disorders
Paranoid, schizoid, Schizotypal
Histrionic, Narcissistic, Antisocial, Borderline.
Avoidant, Dependent, obsessive compulsive.
Passive-aggressive, Depressive.
- Causal Factors in Personality Disorders
- Treatment and outcomes

3) The Schizophrenias and Delusional Disorders

Credit 1

- The clinical picture in schizophrenia
- Problems in Defining Schizophrenia
- subtypes of Schizophrenia
- Causal Factors and Treatment
- Delusional (paranoid) Disorder
The Clinical picture and Causal factors in
delusional disorder
- Treatment and outcomes

4) Mental Retardation

Credit 1

Level of mental Retardation

- Brain Defects in Mental Retardation
- Organic Retardation syndromes
- Cultural – Familial Mental Retardation
- Treatment, outcome and prevention.

Source Book:

- 1) Abnormal Psychology & Modern Life by R.L. Larsar
- 2) Introduction to Psychopathology by Laman.
- 3) Psychopathology by Buss A.H. S.Mineka Harper Collins College Publishers, New York.
- ४) अपसामान्य मानसशास्त्र लेखक, डॉ. अनघा पाटील, डॉ. सुशील सुर्व डॉ. मानसी राजहंस

Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 120– Organizational Behaviour
With effect from 2012-13.

- | | | |
|-----|--|----------|
| [1] | The individual in the organization: <ul style="list-style-type: none">▪ Motivation concept▪ Early theories of motivation▪ Need hierarchy theory▪ Theory X and Y▪ Two factor theory▪ MBO Behaviour modification▪ Employ involvement programs | Credit 1 |
| [2] | The group and organization <ul style="list-style-type: none">▪ Nature, types, and stages of group development▪ Conditions affecting group functioning of organizational structure▪ Group Structure :- A) Roles B) Norms C) Status D) Sings▪ Group Decision :- A) Groups Versus the Individual B) Group think and Group Shift C) Group Decision Making Techniques | Credit 1 |
| [3] | Communication in organizations: <ul style="list-style-type: none">▪ Communication model,▪ Barriers and sources of distortions,▪ Directions and network of communications▪ Communications and decision making,▪ Cross-cultural communications | Credit 1 |
| [4] | Leadership in organizations <ul style="list-style-type: none">▪ Nature and types,▪ Behavioral theories,▪ Contingency theories and contemporary issues in leadership▪ leadership and Power▪ Bases of power and power in action | Credit 1 |

Books for Reading:

- [1] Robbins S.P. (2000) organizational Behaviour 5 Books concepts, controversies and applications new Delhi practice hall of India
- [2] Pfeffer J. (1994) complete advantage through people unleashing the power of workforce Boston Havard business school press
- [3] Dynnette M.D. and Hough L.M. (1992) Handbook of Industrial and organizational Psychology and edition Palo Alto: Counselling psychology press
- [4] Cummings L.L. and Staw B.M. (1999) Research in organizational behaviour, green wich CT Jai press

Syllabus for B.A. (Semester- VI)
Course VI, Unit I & II
PSY 121 – Experiment/Practicum/ Testing
With effect from 2012-13.

Experiment & Test (For Main and Subsidiary students – any 10)

1. Achievement Motivation test
2. Bine Kamat test (IQ test)
3. Self Confidence Inventory - Rekha Gupta
4. Comprehensive Battery of scale of Entrepreneurship (CBSE-S)
5. NEO – PI
6. High School Personality Inventory (HSPQ)
7. Dimensional Personality Inventory (DPI)
8. Dysfunction Analysis Questionnaire (DAQ)- D. Pershad et.al.
9. Sentences Completion test
10. Defense Mechanism Inventory (DMI)- N.R. Mrinal
11. Rorschach Ink Blot
12. Psycho-physiological state Inventory (PPSI) – Sanjay Vara
13. Medico-psychological Questionnaire (MPQ) – J. Bharat Raj
14. Indian adoption Anxiety Scale – S.D. Kapoor.

Reference Book :-

1. Experiments in Psychology by – Girishbala Mohanty Kalyan Publishers, New Delhi.
2. Experiments in Psychology by – S. W. Deshpande.

Section A (Main and Subsidiary Students)				
Marks Distribution				
Procedure	Report	Viva	Record Book Internal	Total
10	10	10	10	40

Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 122 – Counselling In Action
With effect from 2012-13.

1) Theories of counselling:

Credit 1

- Psychoanalytical
- Psychoanalysis
- Adlerian
- Humanistic
- Person-centered counselling
- Existential counseling
- Gestalt therapy
- Behavioral counselling
- Rational Emotive Behaviour Therapy
- Reality therapy
- Cognitive therapy
- Systems therapy
- Bowen systems therapy
- Structural family counselling
- Strategic or brief counselling
- Brief cognitive approaches : solution focused counselling – narrative counselling – crises counselling.

2) The Importance of Career counseling :

Credit 1

- Career information
- Career development theories and counseling
 - i. Trait and Factor theory
 - ii. Developmental Theory
 - iii. Social cognitive career theory
- Career counseling with diverse populations :
 - i. with children
 - ii. with adolescents
 - iii. with college students
 - iv. with adults
 - v. with women
 - vi. with minority groups
 - vii. with sexual deviates

3) Marriage, Couple and Family Counselling:

Credit 1

- The changing forms of family life
- Family life and family life cycles
- Marriage/family counseling versus individual / groups counseling
- Overview of Marriage, Couple and Family counseling
- The process of marriage, Couple and Family counseling
- Termination of counseling.

4) College Counseling and student life Counseling :

Credit 1

- College counseling
 - i. Emphases and roles
 - ii. Activities

- Student life professionals
 - i. Emphases and roles
 - ii. Activists
- Counseling with nontraditional students
 - i. Older students
 - ii. Part time students
 - iii. First generation students
 - iv. Minority culture students

Books of recommended:

- 1) Counseling: A Comprehensive Profession (6th edition) by Samuel T. Gladding (2009); New Delhi: Person Education (Indian edition published by Dorling Kindersley India pvt.ltd.)
- 2) Introduction to counseling and guidance (6th edn) by R.L. Gibson and M.H. Mitchell (2005) New Delhi: Prentice Hall (Eastern Economy Edition)
- 3) Counseling Psychology (1995) by C.J. Gelso and B.R. Fretz Bengurulu: Prism India
- 4) Samupadeshan (Marathi) by (ed) Deshpande C.G. (2010) Pune : Unmesh Prakashan

Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 123– Fundamentals of Behavioural Research.
With effect from 2012-13.

Objective:

- To acquaint the student and make them understand the different research methods.

1). Research Designs:

Credit 1

- (a). Meaning and purpose of research design.
- (b). Characteristics of good and research design.
- (c). Basic principles of experimental design.
 - (i). Replication.
 - (ii). Randomization
 - (iii). Local Control.
- (d). Variance:
 - (i). Types of variance:
 - (ii). Experimental control of variances.

2). Types of research design.

Credit 1

- (i). Between groups design.
 - (a). Randomized groups design.
 - (b). Matched groups design.
 - (c). Factorial design.
- (ii). Within-Groups design.
 - (a). Single subject design.
 - (b). Repeated measures design.

3). Quasi-Experimental design.

Credit 1

- (i). Meaning and Types of quasi experimental design.
- (ii). Time series design.
- (iii). Equivalent time series design.
- (iv). Non-equivalent control group design.

4). Writing research proposal and research report.

Credit 1

- (i). Structure and format of research report.
- (ii). Preparing a research proposal.

Source books :

1. Singh A.K. (2006). Tests measurements and research methods in behavioural sciences (Vth edition). Patna : Bharti bhavan.
2. McBurry D.H. (2002). Research methods U.S.A. Words Worth Thompson.
3. Kerlinger F.N. (1994) Fundamentals of behavioural research (IIIrd edition).
4. G.N. Prakash srivastava. :
Advanced research methodology (1994).
Radha publication New Delhi.

Reference books

1. Borude .R. .R. (2005) : Sanshodhan Paddhatishastra. Pune: Pune Vidyarthi gruah.
2. Desai, B. & Abhyankar, S.C. (2007). Prayogic Manashastra and Sanshodhan Paddhati.

Syllabus for B.A. (Semester- VI)**Course VI, Unit I & II****PSY 124 –Practicum****With effect from 2012-13.****Only for Students offering Main Subject**

Visit to Mental Health Center for developing case account and Report of the visit should be submitted at the time of practical examination.

Section A (Main)			
Marks Distribution			
Summary of visit writing at the time of practical examination.	Viva	Visit Report (Internal)	Total
10	15	15	40

S-25 March, 2013 AC after Circulars from Circular No.153 & onwards

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DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY

CIRCULAR NO.ACAD/NP/Social Sciences/Syllabus/159/2013

It is hereby notified for information of all concerned that, on the recommendations of the Boards of Studies, Ad-hoc Boards, and Faculty of Social Sciences, the **Academic Council at its meeting held on 25-03-2013** has accepted the following revised syllabi for **B.A. First & Second Year** and with minor changes in the syllabus of **B.A. Third Year Home Science under the Faculty of Social Sciences :-**

Sr. No.	Revised Syllabus
[1]	B.A. [Public Administration] Semester- I & II,
[2]	B.A. [Political Science] Semester- I & II,
[3]	B.A. [History] Semester- I & II,
[4]	B.A. [Economics] Semester- I & II,
[5]	B.A. [Sociology] Semester- I & II,
[6]	B.A. [Philosophy] Semester- I & II,
[7]	B.A. [Home Science] Semester- I to IV,
[8]	B.A. [Psychology] Semester-III & IV, Second Year.
[9]	B.A. [Home Science] Semester- V & VI, Third Year Minor Changes,

This is effective from the **Academic Year 2013-2014** and onwards.

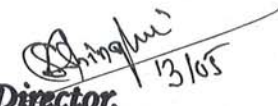
These syllabi are available on the University Website **www.bamu.net**

All concerned are requested to note the contents of this circular and bring the notice to the students, teachers and staff for their information and necessary action.

University Campus,
Aurangabad-431 004.
REF.NO.ACAD/NP/SOCIAL SCI./
SYLLABUS /Semester/2013/
5979-6382
A.C.M.A.I.No.21.

Date:- 08-05-2013.

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Director,
Board of College and
University Development.

S-25 March, 2013 AC after Circulars from Circular No.153 & onwards

- 22 -

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Copy forwarded with compliments to :-

- 1] **The Principals, affiliated concerned Colleges,
Dr. Babasaheb Ambedkar Marathwada University.**
- 2] **The Director, University Network & Information Centre, UNIC, with
a request to upload the above all syllabi on University Website
[www.bamu.net].**

Copy to :-

- 1] The Controller of Examinations,
- 2] The Superintendent, [B.A. Unit],
- 3] The Superintendent, [Eligibility Unit],
- 4] The Programmer [Computer Unit-1] Examinations,
- 5] The Programmer [Computer Unit-2] Examinations,
- 6] The Director, [E-Suvidha Kendra], in-front of Registrar's Quarter,
Dr. Babasaheb Ambedkar Marathwada University,
- 7] The Public Relation Officer,
- 8] The Record Keeper,
Dr. Babasaheb Ambedkar Marathwada University.

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S*/080513/-

**DR. BABASAHEB AMBEDKAR
MARATHWADA UNIVERSITY,
AURANGABAD.**



Revised Syllabus of
B.A. IInd Year
Psychology
Semester-IIIrd & IVth

[Effective from -2013-2014 & onwards]

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

Curriculum Structure and Scheme of Evaluation for - B. A. III & IV
With effective from 2013-14.

SEMESTER – III								
Unit .	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)			Scheme of Evaluation (Marks)		
			L	P	Total Periods	Theory	Practical/ Viva- Voce	Total Marks
Unit I.	PSY 107	Psychology of Adjustment	4	-	4	30	-	30
Unit II.	PSY 108	Psychological Testing	4	-	4	30	-	30
Unit I & II.	PSY 109	Psychology : Practicum's	-	4	4	-	-	-
(A) Total of Semester – III			8	4	12	60	-	60
SEMESTER – IV								
Unit .	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)			Scheme of Evaluation (Marks)		
			L	P	Total Periods	Theory	Pract/ Viva- Voce	Total Marks
Unit I.	PSY 110	Psychology for Living	4	-	4	30	-	30
Unit II.	PSY 111	Psychological Statistics	4	-	4	30	-	30
Unit I & II.	PSY 109 & PSY 112	Psychology : Practicum's	-	4	4	-	80	80
(B) Total of Semester – IV			8	4	12	60	80	140

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

SYLLABUS FOR - B.A.

With effective from 2013-14.

B. A. Third Semester

Course – III

Unit	Course Code	Title of the Paper	Marks
Unit I	PSY 107	Psychology of Adjustment	30
Unit II	PSY 108	Psychological Testing	30
Unit I & II	PSY 109	Psychology :Practicum's	-

Note: -

- 1. For theory papers 15 periods.**
- 2. For practical's 30 periods.**
- 3. One period comprises 50 minutes duration.**
- 4. For Psychology Practicum's. There shall be a batch of 12 students.**
- 5. There shall be a combined Practical Examination of both semesters annually.**

Syllabus for B.A. (Semester-III)

Course III, Unit I

PSY 107 – PSYCHOLOGY OF ADJUSTMENT

With effect from 2013-2014.

Marks-30

Objectives: -

1. To enable student to make the connection between psychology and its practical application to everyday life.
2. To train student how psychological principles can help them to face life's challenges
3. To enables students to relate what they are learning in class to issues that they encounter in their everyday life, such as stress, health, work, personal relationships, communication and self-esteem.

1) INTERPERSONAL COMMUNICATION: -

i) THE PROCESS OF INTERPERSONAL COMMUNICATION

- (a) Components of the communication process
- (b) Communication and adjustment

ii) NONVERBAL COMMUNICATION

- (a) General principles
- (b) Elements of nonverbal communication
- (c) Detecting deception
- (d) The significance of nonverbal; communication

iii) COMMUNICAITON PROBLOEMS

- (a) Communication apprehension
- (b) Barriers to effective communication

iv) INTERPERSONAL CONFLICT

- (a) Beliefs about conflict
- (b) Types of conflict
- (c) Styles of managing conflict
- (d) Dealing constructively with conflict
- (e) Public communication in an adversarial culture

v) APPLICATION: DEVELOPING AN ASSERTIVE COMMUNICATION

- (a) The nature of assertiveness
- (b) Steps in assertiveness training

2) FRIENDSHIP AND LOVE: -

- i. PERSPECTIVES ON CLOSE RELATIONSHIPS
 - a. The ingredients of close relationships
 - b. Culture and relationships
 - c. The internet and relationships
- ii. INITIAL ATTRACTION AND RELATIONSHIP DEVELOPMENT
 - a. Initial encounters
 - b. Getting acquainted
 - c. Established relationships
- iii. FRIENDSHIP
 - a. What makes a good friend?
 - b. Gender differences in friendship
- iv. ROMANTIC LOVE
 - a. Myths about love
 - b. Gender differences regarding love
 - c. Theories of love
 - d. The course of romantic love
- v. APPLICATION: OVERCOMING LONELINESS
 - a. The nature of loneliness
 - b. Prevalence of loneliness
 - c. The roots of loneliness
 - d. Correlates of loneliness
 - e. Conquering loneliness

3) MARRIAGE AND INTIMATE RELATIONSHIP: -

- i. CHALLENGES TO THE TRADITIONAL MODEL OF MARRIAGE
- ii. MOVING TOWARD MARRIAGE
 - a. The motivation to marry
 - b. Selecting to mate
 - c. Predictors of marital success
- iii. MARITAL ADJUSTMENT ACROSS THE FAMILY LIFE CYCLE
 - a. Between families: The unattached young adult
 - b. Joining together: The newly married couple
 - c. Family with young children
 - d. Launching children into the adult world
 - e. The family in later life
- iv. VULNERABLE AREAS IN MARITAL ADJUSTMENT
 - a. Gaps in role expectations
 - b. Work and career issues
 - c. Financial difficulties
 - d. Inadequate communication
- v. DIVORCE
 - a. Increasing rate of divorce
 - b. Deciding on a divorce
 - c. Adjusting to divorce
 - d. Remarriage
- vi. APPLICATION: UNDERSTANDING INTIMATE VIOLENCE
 - a. Partner abuse
 - b. Child abuse

4) CAREERS AND WORK: -

- i. CHOOSING A CAREER
 - a.Examining personal characteristics and influences
 - b. Researching job characteristics
 - c.Using psychological tests for career decisions
 - d. Taking important considerations into account
- ii. MODELS OF CAREER CHOICE AND DEVELOPMENT
 - a.Holland's trait measurement and matching model
 - b. Super's developmental model
 - c.Women's career development
- iii. THE CHANGING WORLD OF WORK
 - a.Workplace trends
 - b. Education and earnings
 - c.The changing workforce
- iv. COPING WITH OCCUPATIONAL HAZARDS
 - a.Job stress
 - b. Sexual harassment
 - c.Unemployment
- v. BALANCING WORK AND OTHER SPHERES OF LIFE
 - a.Workaholism
 - b. Work and family roles
 - c.Leisure and recreation
- vi. APPLICATION: GETTING AHEAD IN THE JOB GAME
 - a.Putting together a resume
 - b. Finding companies you want to work for
 - c.Landing an interview
 - d. Polishing your interview technique

Books for Readings:-

1. Weiten, W., Lloyd A. M. (2004). Psychology Applied to modern Life: Adjustment in the 21st Century. (7th Ed) Singapore: Thomson Wadsworth Pvt Ltd.
2. Psychology for Living, Adjustment, Growth, and Behaviour today- By Eastwood Atwater Prentice hall of India Private Limited, New Delhi, 5th Edition-1995.
3. Coleman, J.C. Psychology and effective bahaviour, Bombay: D.B. Taraporevala Sons & Co.
4. Lazarus, R.S. Patterns of adjustment, N.D. : McGraw-Hill
5. Martin, L.G.; Osborne, G. (1989). Psychology: Adjustment and everyday living, N.J.: Prentice-Hall, Englewood Cliffs.
6. Gray, S.W. and Zide, M.R. India Edition (2008). Psychology: A competency based assessment model for social workers. Thomson Group Pole.
7. Dimatteo, M.R. and Martin, L.R. (2002). Health Psychology. N.D.: Pearson.
8. Brannon, L. and Feist, J. (2007). Introduction to health psychology. India ed. N.D.: Thomson.
9. Marks, D.; Murray, M.; Evans, B.; Willig, C.; Woodall, C. and Sykes, C. (2005). 2nd ed. Health psychology: Theory, research and practice. N.D. : Sage Pub.

Syllabus for B.A. (Semester-III)
Course III, Unit I
PSY 108 – PSYCHOLOGICAL TESTING
With effect from 2013-14.

Marks-30

Objectives: -

1. To train students in various psychological assessment techniques.
2. To acquaint the student and make them understand the different statistical methods with their uses and interpretations.
3. To impart skills necessary for selecting and applying different tests for different purpose such as evaluation, training, rehabilitation etc.

1) USES AND IMPLICATIONS OF PSYCHOLOGICAL TESTING

- i) Functions of psychological tests
- ii) Nature of a psychological test
- iii) Controlling the Use of tests
- iv) Test administration
- v) Examiner and situational variables
- vi) Effect of training on test performance
- vii) Social and ethical implication of testing
- viii) Test anxiety and rapport
- ix) Types of psychological tests

2) ITEM ANALYSIS

- i) Item difficulty
- ii) Item discrimination
- iii) Indices of item discrimination
- iv) Item response theory
- v) Item analysis of speeded tests
- vi) Cross validation
- vii) Item-by-group interaction

3) RELIABILITY OF PSYCHOLOGICAL TEST

- i) Definition
- ii) The correlation coefficient
- iii) Types of reliability:
 - (a) Test-retest reliability
 - (b) Parallel form reliability,
 - (c) Split-half reliability
 - (d) Inter-item consistency
- iv) Scorer reliability
- v) Reliability of speeded tests
- vi) Factors affecting reliability coefficients
- vii) Standard error of measurement
- viii) Reliability of criterion-referenced tests

4) VALIDITY OF PSYCHOLOGICAL TESTS

- i) Meaning of validity
- ii) Types of validity
 - (a) Content validation
 - (b) Criterion-related validation
 - (c) Construct validation
- iii) Comparison of validation procedures
- iv) Validity

Books for Readings:-

1. Anastasi A (1997) Psychological Testing, New York: Mac Millan Co.
2. Cimnero, A.R. (1986) Hand book of Behavioural Assessment New York : John Wiley.
3. Freeman.Frank S (1971) Theory and Practice of Psychological Testing Oxford & IBH Publishing Co. New Delhi.
4. Dandekar, W.N. & Rajguru, M.S. () An Introduction to Psychological testing & statistics, Seth Publication
5. Psychological Testing, Principles, Applications, and Issues, Robert M. Kaplan & Dennis P. Saccuzzo, Sixth Edition, 2005.
6. Psychological testing, A practical approach to Design and Evaluation, Theresa, J.B. Kline, Sage publications, 2005.
7. Statistics in Psychology and education, H.E. Garrett, Vakil and Ferrar Company, Bombay, 1966.
8. Statistics in Psychology and Education, J.S. Gaiford, International Student Edn., McGraw Hill.
9. Statistical Reasoning in Psychology & Education IIIrd Edn. John Wiley & Sons 2001.
10. Edward G. Minum Bruce M. King Gordon Bear: Statistical Methods for Practice & research A Guide to data Analysis using SPSS Ajai S Gaur Sanjay S. Gaur, 2nd Edn. Sage-2006.

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

SYLLABUS FOR - B.A.

With effective from 2013-2014.

B. A. Fourth Semester

Course – IV

Unit	Course Code	Title of the Paper	Marks
Unit I	PSY 110	Psychology for Living	30
Unit II	PSY 111	Psychological Statistics	30
Unit I & II	PSY 109 & PSY 112	Psychology : Practicums	80

Note: -

- 1. For theory papers 15 periods.**
- 2. For practical's 30 periods.**
- 3. One period comprises 50 minutes duration.**
- 4. For Psychology Practicums. There Shall be a batch of 20 students.**

Syllabus for B.A. (Semester-IV)

Course IV, Unit I

PSY 110 – PSYCHOLOGY FOR LIVING

With effect from 2013-14.

Marks-30

Objectives: -

1. To enable student to make the connection between psychology and its practical application to everyday life.
2. To train student how psychological principles can help them to face life's challenges
3. To enables students to relate what they are learning in class to issues that they encounter in their everyday life, such as stress, health, work, personal relationships communication and self-esteem.

1) THE SELF: -

- i. SELF – CONCEPT
 - a. The Nature Of The Self – Concept
 - b. Self-discrepancies
 - c. Factors shaping the self-concept
- ii. SELF – ESTEEM
 - a. The importance of self-esteem
 - b. Determinants of self – esteem
 - c. Ethnicity, gender, and self-esteem
- iii. BASIC PRINCIPLES OF SELF-PERCEPTION
 - a. Cognitive processes
 - b. Self-attributions
 - c. Attribution style
 - d. Motives guiding self-understanding
 - e. Methods of self-enhancement
- iv. SELF-REGULATION
 - a. Self-efficacy
 - b. Self-defeating behavior
- v. SELF-PRESENTATION
 - a. Impression management
 - b. Self- monitoring
- vi. APPLICATION: BUILDING SELF-ESTEEM

2) STRESS AND IT'S EFFECTS: -

- i. THE NATURE OF STRESS
 - a. Stress is an everyday event
 - b. Stress lies in the eye of the beholder
 - c. Stress may be embedded in the environment
 - d. Stress may be self-imposed
 - e. Stress is influenced by culture
- ii. MAJOR TYPES OF STRESS
 - a. Frustration
 - b. Conflict
 - c. Change
 - d. Pressure
- iii. RESPONDING TO STRESS
 - a. Emotional response
 - b. Physiological responses
 - c. Behavioral response
- iv. THE POTENTIAL EFFECTS OF STRESS
 - a. Impaired task performance
 - b. Disruption of cognitive functioning
 - c. Burnout
 - d. Posttraumatic stress disorders
 - e. Psychological problems and disorders
 - f. Physical illness
 - g. Positive effects
- v. FACTORS INFLUENCING STRESS TOLERANCE
 - a. Social support
 - b. Hardiness
 - c. Optimism and conscientiousness
- vi. APPLICATION: MONITORING YOUR STRESS
 - a. Problems with the SRRS
 - b. The life experiences survey
 - c. A Cautionary Note

3) COPING PROCESSES: -

- i. COMMON COPING PATTERNS OF LIMITED VALUE
 - a. Giving up
 - b. Striking out at others
 - c. Indulging yourself
 - d. Blaming yourself
 - e. Using defensive coping
- ii. THE NATURE OF CONSTRUCTIVE COPING
- iii. APPRAISAL-FOCUSED CONSTRUCTIVE COPING
 - a. Ellis's rational thinking
 - b. Humor as a stress reducer
 - c. Positive reinterpretation
- iv. PROBLEM-FOCUSED CONSTRUCTIVE COPING
 - a. Using systematic problem solving
 - b. Seeking help
 - c. Using time more effectively
 - d. Improving self-control

v. EMOTION-FOCUSED CONSTRUCTIVE COPING]

- a. Releasing pent-up emotions
- b. Distracting yourself
- c. Managing hostility and forgiving others
- d. Meditating
- e. Using relaxation procedures

vi. APPLICATION: ACHIEVING SELF-CONTROL

- a. Specifying your target behavior
- b. Gathering baseline data
- c. Designing your program
- d. Executing and evaluation your program
- e. Ending your program

4) PSYCHOLOGY AND PHYSICAL HEALTH: -

- i. STRESS, PERSONALITY AND ILLNESS
 - a. Personality, emotions, and heart disease
 - b. Stress and cancer
 - c. Stress and other diseases
 - d. Stress and immune functioning
 - e. Conclusions
- ii. HABITS, LIFESTYLES, AND HEALTH
 - a. Smoking
 - b. Drinking
 - c. Overeating
 - d. Poor nutrition
 - e. Lack of exercise
 - f. Behaviour and AIDS
- iii. REACTIONS TO ILLNESS
 - a. The decision to seek treatment
 - b. The sick role
 - c. Communicating with health providers
 - d. Adherence to medical advice
- iv. APPLICATION: UNDERSTANDING THE EFFECTS OF DRUGS
 - a. Drug-related concepts
 - b. Narcotics
 - c. Sedatives
 - d. Stimulants
 - e. Hallucinogens
 - f. Marijuana
 - g. Ecstasy (MDMA)

Books for Readings:-

1. Weiten, W., Lloyd A. M. (2004). Psychology Applied to modern Life: Adjustment in the 21st Century. (7th Ed) Singapore: Thomson Wadsworth Pvt Ltd.
2. Psychology for Living, Adjustment, Growth, and Behaviour today- By Eastwood Atwater Prentice hall of India Private Limited, New Delhi, 5th Edition-1995.
3. Coleman, J.C. Psychology and effective bahaviour, Bombay: D.B. Taraporevala Sons & Co.
4. Lazarus, R.S. Patterns of adjustment, N.D. : McGraw-Hill
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9. Marks, D.; Murray, M.; Evans, B.; Willig, C.; Woodall, C. and Sykes, C. (2005). 2nd ed. Health psychology: Theory, research and practice. N.D. : Sage Pub.

Syllabus for B.A. (Semester-IV)

Course IV, Unit II

PSY 111 – PSYCHOLOGICAL STATISTICS

With effect from 2013-14.

Marks-30

Objectives: -

1. To train students in various psychological assessment techniques.
2. To acquaint the student and make them understand the different statistical methods with their uses and interpretations.
3. To impart skills necessary for selecting and applying different tests for different purpose such as evaluation, training, rehabilitation etc.

1) FREQUENCY DISTRIBUTIONS

- i. Measurement in general
- ii. Need for grouping
- iii. Preparation of a frequency table
- iv. Graphic representations of the frequency distribution
 - a. Histogram
 - b. Frequency Polygon
- v. Smoothing a polygon

2) MEASURES OF CENTRAL TENDENCY.

- i. Mean
- ii. Computation of the mean
 - a. The long method and
 - b. The short or assumed mean method
- iii. Median and its computation
- iv. Mode
- v. Uses of various measures of central tendency

3) MEASURES OF VARIABILITY

- i. Range
- ii. Quartile deviation
- iii. Average deviation
- iv. Standard deviation
- v. Uses of the various measures of variability

4) MEASURES OF ASSOCIATION

- i) Meaning and types of coefficient of correlation.
- ii) Rank Difference Correlation.
- iii) Product Moment Correlation (Ungrouped)

Books for Readings:-

1. Anastasi A (1997) Psychological Testing, New York: Mac Millan Co.
2. Cimnero, A.R. (1986) Hand book of Behavioural Assessment New York : John Wiley.
3. Freeman.Frank S (1971) Theory and Practice of Psychological Testing Oxford & IBH Publishing Co. New Delhi.
4. Dandekar, W.N. & Rajguru, M.S. () An Introduction to Psychological testing & statistics, Seth Publication
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8. Statistics in Psychology and Education, J.S. Gaiford, International Student Edn., McGraw Hill.
9. Statistical Reasoning in Psychology & Education IIIrd Edn. John Wiley & Sons 2001.
10. Edward G. Minum Bruce M. King Gordon Bear: Statistical Methods for Practice & research A Guide to data Analysis using SPSS Ajai S Gaur Sanjay S. Gaur, 2nd Edn. Sage-2006.

Syllabus for B.A. (Semester- III & IV)
Course III, Unit I & II
PSY 109 & PSY 112 – PSYCHOLOGY PRACTICUM'S
With effect from 2013-14.

Objectives

1. To create interest in psychological phenomenon.
2. To develop awareness of psychological of psychological tools, techniques and tests.
3. To nurture the skill of observation.

Section - A

Total Tests – 16

Marks- 80

A) Intelligence / Aptitude (Any Two)

- i) General Mental Alertness Test: - R. P. Shrivastava
- ii) Teaching Aptitude Test
- iii) Science Aptitude Test
- iv) A Group Intelligence (EGMAT): - S. Jalota
- v) Mangal Emotional Intelligence Inventory (MEII): - S. K. Mangal
- vi) Draw A Man Test Children: - Pramila Pathak
- vii) Culture Fair (Free) Intelligence Scale – Indian Adaptation: - Kapoor, Rao & Singh
- viii) Malin's Indian Adaptation of Weschler Intelligence Test of Children

B) Interest / Study Habit (Any Two)

- i) Multiphasic Interest Inventory: - S. K. Bhava
- ii) Interest test
- iii) Vocational Interest record: -S. P. Kulshrestha
- iv) Test of study habits and Attitudes.
- v) Adolescent Interest Test: - H. A. David
- vi) Leadership Preference Scale: - L. I. Bhusan
- vii) Multi Factor Interest Questionnaire: - Kapoor and Singh

C) Attitude (Any Two)

- i) Optimistic Pessimistic Scale
- ii) Secular Attitude Scale
- iii) Vocational Attitude Scale: - H. C. Bhasin
- iv) Attitude scale towards education.
- v) A new test of values
- vi) Social value Test: - H. P. Shrivastava

D) Carrier & family (Any Two)

- i) Traditional family ideology scale (TFIS) – B. C. Muthyya
- ii) Family relationship scale – Govind Tiwari
- iii) Attitude toward communication job – Dr. O. S. Rathore, Dr. Mandra & Dr. Mathur
- iv) Marital adjustment questionnaire – P. Kumar & K. Rohatagi.
- v) Career Decision Scale (CDS).
- vi) Perceived parenting style (P Scale) Rajeev Lochan Bharadwaj, Harish Sharma & Amita Garg

E) Personality Test (Any Two)

- i) Multi Variable Personality Inventory
- ii) Personality Inventory
- iii) KNPI
- iv) Differential Personality Inventory
- v) Multi Dimensional Assessment of Personality Series (MAP)

F) Adjustment / Interest (Any Three)

- i) Adjustment Inventory for School Students
- ii) Revised Adjustment Inventory
- iii) Educational Interest Record
- iv) Old age adjustment
- v) Social Adjustment
- vi) Adjustment Inventory for college students
- vii) Youth problem Inventory

G) Self Related Test (Any Three)

- i) Self acceptance Scale
- ii) Ego Strength scale
- iii) Self Perception scale
- iv) Satwa Bodh Parikshan
- v) Self Confidence Inventory
- vi) Self Disclosure Inventory
- vii) Self actualization Inventory
- viii) Self concept questionnaire

Section-B

Test Construction: A report shall be submitted at the time of practical examination.

Distribution of Marks

Section-A				Section-B		Total
Procedure	Viva	Report	Record Book (Internal)	Viva	(Internal)	
15	15	20	10	10	10	80

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S-30th May, 2015 AC after Circulars from Circular No.1 & onwards - 3 -

DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY
CIRCULAR NO.ACAD/SU/Social Sci./B.A.III Yr. Syll./3/2015

It is hereby notified for information to all the concerned that, on the recommendation of the Faculty of Social Sciences the Academic Council at its meeting held on 30-05-2015 has accepted the **revised syllabi as mentioned against their names under the**

Faculty of Social Sciences as under :-

Sr. No.	Name of the Subject	Semester
[1]	History	V & VI
[2]	Economics	V & VI
[3]	Psychology	V & VI
[4]	Geography	V & VI
[5]	Sociology	V & VI
[6]	Home Science	V & VI
[7]	Political Science	V & VI
[8]	Public Administration	V & VI
[9]	Social Work	V & VI
[10]	Philosophy	V & VI
[11]	Military Science	V & VI
[12]	Library & Information Science	I to VI Progressively
[13]	B.A. Travel and Tourism Management [Optional]	I to VI Progressively
[14]	Thoughts of Mahatma Phule & Dr. Ambedkar	V & VI effective from 2016-2017 & onwards

This is effective from the **Academic Year 2015-16 & onwards** as appended herewith.

All concerned are requested to note the contents of the circular and bring the notice to the students, teachers and staff for their information and necessary action.

University Campus,
Aurangabad-431 004.
REF.NO.ACAD/SU/SOCIAL SCI./
2015/3310-709

Date:- 16-06-2015.

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Director,
Board of College and
University Development.

S-30th May, 2015 AC after Circulars from Circular No.1 & onwards

- 4 -

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Copy forwarded with compliments to:-

- 1] The Principals, affiliated concerned colleges,
Dr. Babasaheb Ambedkar Marathwada University

Copy to :-

- 1] The Controller of Examinations,
- 2] The Director, [E-Suvidha Kendra], in-front of Registrar's Quarter,
Dr. Babasaheb Ambedkar Marathwada University,
- 3] The Superintendent, [B.A. Unit],
- 4] The Programmer [Computer Unit-1] Examinations,
- 5] The Programmer [Computer Unit-2] Examinations,
- 6] The Record Keeper.

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S*/-160615/-

**DR. BABASAHEB AMBEDKAR
MARATHWADA UNIVERSITY,
AURANGABAD.**



PSYCHOLOGY

SYLLABUS OF

B.A. Third Year

Semester-V & VI

[With effective from 2015-16 & Onwards]

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.**PSYCHOLOGY****Curriculum Structure and Scheme of Evaluation for - B. A. V & VI Sem With effective from 2015-16**

SEMESTER – V									
UNIT	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical Viva-Voce	Total Marks
UNIT I	PSY 113	Subsidiary Abnormal Psychology	4	-	4	4	30	-	30
UNIT II	PSY 114	Organizational Psychology	4	-	4	4	30	-	30
UNIT I & UNIT II	PSY 115	Experiments/ Practicum	-	4	4	4	-		
UNIT I	PSY 116	Main Introduction to Counselling	4	-	4	4	30	-	30
UNIT II	PSY 117	Project Work	4	-	4	4	-	-	-
UNIT I & UNIT II	PSY 118	Experiment/Practicum	-	4	4	4	-		
(A) Total of Semester – V			16	8	24	24	90	-	90
SEMESTER – VI									
UNIT	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Pract/ Viva-Voce	Total Marks
UNIT I	PSY 119	Subsidiary Psychopathology	4	-	4	4	30	-	30
UNIT II	PSY 120	Organizational Behaviour	4	-	4	4	30	-	30
UNIT I & UNIT II	PSY 115 & PSY 121	Testing/ Practicum	-	4	4	4	-	80	80
UNIT I	PSY 122	Main Counselling in Action	4	-	4	4	30	-	30
UNIT II	PSY 123	Project Work	4	-	4	4	60	-	60
UNIT I & UNIT II	PSY 118 & PSY 124	Testing/ Practicum	-	4	4	4	-	80	80
(B) Total of Semester – VI			16	8	24	24	150	160	310

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Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

SYLLABUS FOR - B.A. T.Y.

With effective from 2015-16.

B. A. Fifth Semester

Course – V

Unit	Course Code	Title of the Paper	Credits	Marks
Unit I	PSY 113	Subsidiary Abnormal Psychology	4	30
Unit II	PSY 114	Organizational Psychology	4	30
Unit I & II	PSY 115	Experiment/Practicum	4	-
Unit I	PSY 116	Main Introduction to Counseling	4	30
Unit II	PSY 117	Project Work	4	-
Unit I & II	PSY 118	Experiment/Practicum	4	-

Note: -

- 1. For theory papers 1 credit = 15 periods.**
- 2. For practical's 1 credit = 30 periods.**
- 3. One period comprises 50 minutes duration.**

Syllabus for B.A. (Semester- V)

Course V, Unit I

PSY 113 – ABNORMAL PSYCHOLOGY

With effect from 2015-16.

- 1 Abnormal Behaviour in our times : Credit 1**
 - What is abnormal Psychology?, What do we mean by Abnormal behaviour ?
 - Mental Disorders as Maladaptive behaviours
 - DSM IV & ICD – 10 classification of Mental Disorders
 - The problem of Labeling
- 2 Causal Factors and Viewpoints in Abnormal Psychology: Credit 1**
 - What causes Abnormal Behaviour? Necessary, sufficient and contributory causes –
 - Models or view points for understanding abnormal behaviour: The Biological causal factors– Psychosocial causal factors – The Socio-cultural causal factors.
- 3 Panic, Anxiety and their Disorders: Credit 1**
 - The Fear and Anxiety Response patterns
 - Anxiety Disorders
 - Phobic Disorders
 - Generalized Anxiety Disorder.
 - Obsessive – Compulsive Disorders
 - Treatment and outcomes : Psychological therapies ; cognitive behaviour and multimodal therapy
- 4 Somatoform and Dissociative Disorders: Credit 1**
 - Somatoform Disorder
 - Somatization Disorder
 - Hypochondriasis.
 - Pain disorder.
 - Conversion Disorder.
 - Dissociative Disorders :
 - Dissociative Amnesia and fugue.
 - Dissociative Identity disorder.
 - Depersonalization disorder.
 - Casual Factors in somatoform and Dissociative Disorders : Biological, Psychosocial and Socio-cultural factors.
 - Treatment and outcomes.

Source Book:

- 1) Robert .C . Carson , James .N . Butcher, Susan Mineka. (1998). Abnormal Psychology and Modern Life - 10th edition – Library of Congress .
- 2) Irwin .G. Sarason, Barbara .R. Sarason (2005) – Abnormal Psychology – by Prentice Hall.
- 3) Introduction to Psychopathology by Lamman.
- 4) Psychopathology by Buss A.H.
- ५) अपसामान्य मानसशास्त्र लेखक डॉ. अनधा पाटील, डॉ. सुशील सुर्वे, डॉ. मानसी राजहंस

Syllabus for B.A. (Semester- V)

Course V, Unit I

PSY 114 – Organizational Psychology With effect from 2015-16.

Objectives

- 1) This course aims and understanding the behaviour of individuals along with other organizational assets
- 2) Students are expected to learn not only the theoretical aspects of the course but also to familiarize themselves with the skills, techniques and their application
- 3) The course would create an enabling experience with the societal contexts.

1] Historical context of organizational Behaviour:-

Credit 1

- Definition of O.B.
 1. Goals and elements of O.B.
 2. Fundamental Concepts
 3. Nature of Organization
 4. Models of O.B. – Autocratic, Custodial, Supportive and Collective models of O.B.
- Contribution of Taylor & Fayoll

2] Perspectives for understanding O.B.:-

Credit 1

- Open system approach
- Human Relations perspective
- Socio-technical approach
- Developing an O.B. model Responsive to Indian realities

3] Person in the organization: -

Credit 1

- Biographical characteristics
- Personality Definitions and Measurement
- Major Personality attributes affecting O.B.
- Matching personality and job
- Personality and culture

4] Values, Attitudes and job satisfaction: -

Credit 1

- Values:
 - i. Importance of values
 - ii. Types of values
 - iii. Values loyalty and ethical behaviour
- Attitudes:
 - I. Types of Attitudes
 - II. Attitudes and Consistency
 - III. Cognitive Dissonance theory
 - IV. Attitudes and work-force diversity
- Job-Satisfaction:
 - I. Measuring J. S.
 - II. The effect of J. S. on Employee Performance

Books of Readings:

- 1) Robbins S.P. (2000) Organizational Behaviour concepts, controversies and application, New Delhi Prentice Hall of India
- 2) Peters (1994) competitive advantage through people, Unlashing the power of workforce Boston Havard Business School Brass
- 3) Dunnette M.D. and hough L.M. (1992) Hardbreak and Industrial and Organizational Psychology and edition counslling Psychology
- 4) Cumming L.L. and Staw B.M. (1999) Research in Organizational Behaviour care with jai press.

Syllabus for B.A. (Semester- V)
Course V, Unit I
PSY 116– Introduction to Counselling
With effect from 2015-16.

- 1) **Definition of Counselling Psychology** **Credit 1**
- i. Importance of counseling,
 - ii. goals of counseling,
 - iii. Scope of counseling .
- 2) **Building counseling relationship** **Credit 1**
- a) Factors influencing the counseling process :
 - i. seriousness of the presenting problem
 - ii. structure
 - iii. initiative
 - iv. physical setting
 - v. client qualities
 - vi. counselor qualities
 - b) Types of initial interview:
 - i. client versus counselor initiated interview
 - ii. information oriented first interview
 - iii. relationship oriented first interview
 - iv. conducting the initial interview
 - v. empathy.
- 3) **Working in a counseling relationship:** **Credit 1**
- Counsellor skills in the understanding and action phases.
 - i. changing perceptions
 - ii. leading
 - iii. multifocused responding
 - iv. accurate empathy
 - v. self disclosure
 - vi. immediacy
 - vii. humor
 - viii. confrontation
 - ix. Contracting
 - x. Rehearsal
 - xi. Transference and counter transference-
- 4) **Termination of counseling relationship** **Credit 1**
- function of termination
 - timing of termination
 - Issues of termination-- termination of individual sessions – termination of counseling relationship
 - resistance to termination : client resistance-counsellor resistance
 - premature termination
 - counsellor initiated termination.

Books recommended:

- 1) Counseling: A Comprehensive Profession (6th edition) by Samuel T. Gladding (2009) ; New Delhi: Pearson Education (Indian edition published by Dorling Kinderslen india Pvt. Ltd.)
- 2) Introduction to counseling and guidance (6th edn) by R.L.Gibson and M.H.Mitchell (2005) New Delhi: Prentice Hall (Eastern Economy Edition)
- 3) Counselling Psychology (1995) by C.J.Gelso and B.R.Fretz Bengurulu: Prismindia
- 5) Samupadeshan (Marathi) by (ed) Deshpande C.G.(2010) Pune : Unmesh Prakashan

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PSYCHOLOGY

SYLLABUS FOR - B.A. T.Y.

With effective from 2015-16.

B. A. Sixth Semester

Course – VI

Unit	Course Code	Title of the Paper	Credits	Marks
Unit II	PSY 119	Subsidiary Psychopathology	4	30
Unit II	PSY 120	Organizational Behaviour	4	30
Unit I & II	PSY 115 & PSY 121	Testing/ Practicum	4	80
Unit II	PSY 122	Main Counseling In Action	4	30
Unit II	PSY 123	Project Work.	4	60
Unit I & II	PSY 118 & PSY 124	Testing/ Practicum	4	80

Note: -

- 1. For theory papers 1 credit = 15 periods.**
- 2. For practical's 1 credit = 30 periods.**
- 3. One period comprises 50 minutes duration.**

Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 119– Psychopathology
With effect from 2015-16.

Objectives:

1. To impart Knowledge about the normality and Abnormality
2. To make students understand the nature and Course of various abnormal conditions.
3. To impart Knowledge and skills needed for Psychological assessment of different abnormal conditions.

1) Mood Disorders

Credit 1

- Unipolar Mood Disorders:
Normal Depression, Mild to Moderate
Depressive Disorder, Major Depressive Disorder
- Bipolar Disorder :
Cyclothymia, Bipolar disorder,
Schizoaffective disorder
- Causal Factors in Mood Disorders
Biological and psychological factors
- Treatment and outcomes
Electroconvulsive therapy
Psychotherapy

2) Personality Disorders

Credit 1

- Personality Disorders
Clinical Features of Personality Disorders
- Types of personality Disorders
Paranoid, schizoid, Schizotypal
Histrionic, Narcissistic, Antisocial, Borderline.
Avoidant, Dependent, obsessive compulsive.
Passive-aggressive, Depressive.
- Causal Factors in Personality Disorders
- Treatment and outcomes

3) The Schizophrenias and Delusional Disorders

Credit 1

- The clinical picture in schizophrenia
- Problems in Defining Schizophrenia
- subtypes of Schizophrenia
- Causal Factors and Treatment
- Delusional (paranoid) Disorder
The Clinical picture and Causal factors in
delusional disorder
- Treatment and outcomes

4) Mental Retardation

Credit 1

- Level of mental Retardation
- Brain Defects in Mental Retardation
- Organic Retardation syndromes
- Cultural – Familial Mental Retardation
- Treatment, outcome and prevention.

Source Book:

- 1) Abnormal Psychology & Modern Life by R.L. Larsar
- 2) Introduction to Psychopathology by Laman.
- 3) Psychopathology by Buss A.H. S.Mineka Harper Collins College Publishers, New York.
- ४) अपसामान्य मानसशास्त्र लेखक डॉ. अनधा पाटील, डॉ. सुशील सुर्व, डॉ. मानसी राजहंस.

Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 120– Organizational Behaviour
With effect from 2015-16.

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|------------|--|-----------------|
| [1] | The individual in the organization: <ul style="list-style-type: none">▪ Motivation concept▪ Early theories of motivation▪ Need hierarchy theory▪ Theory X and Y▪ Two factor theory▪ MBO Behaviour modification▪ Employ involvement programs | Credit 1 |
| [2] | The group and organization <ul style="list-style-type: none">▪ Nature, types, and stages of group development▪ Conditions affecting group functioning of organizational structure▪ Group Structure :- A) Roles B) Norms C) Status D) Sings▪ Group Decision :- A) Groups Versus the Individual B) Group think and Group Shift C) Group Decision Making Techniques | Credit 1 |
| [3] | Communication in organizations: <ul style="list-style-type: none">▪ Communication model,▪ Barriers and sources of distortions,▪ Directions and network of communications▪ Communications and decision making,▪ Cross-cultural communications | Credit 1 |
| [4] | Leadership in organizations <ul style="list-style-type: none">▪ Nature and types,▪ Behavioral theories,▪ Contingency theories and contemporary issues in leadership▪ leadership and Power▪ Bases of power and power in action | Credit 1 |

Books for Reading:

- | | |
|-----|--|
| [1] | Robbins S.P. (2000) organizational Behaviour 5 Books concepts, controversies and applications new Delhi practice hall of India |
| [2] | Pfeffer J. (1994) complete advantage through people unleashing the power of workforce Baston Havard business school press |
| [3] | Dynnette M.D. and Hough L.M. (1992) Handbook of Industrial and organizational Psychology and edition Palo Alto: Counselling psychology press |
| [4] | Cummings L.L. and Staw B.M. (1999) Research in organizational behaviour, green wich CT Jai press |

Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 122 – Counseling In Action
With effect from 2015-16.

1) Theories of counseling: Credit 1

1. Psychoanalysis
2. Humanistic
3. Behavioral counseling
4. Rational Emotive Behaviour Therapy
5. Cognitive therapy
6. Bowen systems therapy
7. Crises counseling.

2) The Importance of Career counseling : Credit 1

- Career information
- Career development theories and counseling
 - i. Trait and Factor theory
 - ii. Developmental Theory
 - iii. Social cognitive career theory
- Career counseling with diverse populations :
 - i. with children
 - ii. with adolescents
 - iii. with college students
 - iv. with adults
 - v. with women
 - vi. with minority groups
 - vii. with sexual deviates

3) Marriage, Couple and Family Counseling: Credit 1

- The changing forms of family life
- Family life and family life cycles
- Marriage/family counseling versus individual / groups counseling
- Overview of Marriage, Couple and Family counseling
- The process of marriage, Couple and Family counseling
- Termination of counseling.

4) College Counseling and student life Counseling : Credit 1

- College counseling
 - i. Emphases and roles
 - ii. Activities
- Student life professionals
 - i. Emphases and roles
 - ii. Activists
- Counseling with nontraditional students
 - i. Older students
 - ii. Part time students
 - iii. First generation students
 - iv. Minority culture students

Books of recommended:

- 1) Counseling: A Comprehensive Profession (6th edition) by Samuel T. Gladding (2009); New Delhi: Person Education (Indian edition published by Dorling Kindersley India Pvt. Ltd.)
- 2) Introduction to counseling and guidance (6th edn) by R.L. Gibson and M.H. Mitchell (2005) New Delhi: Prentice Hall (Eastern Economy Edition)
- 3) Counseling Psychology (1995) by C.J. Gelso and B.R. Fretz Bengurulu: Prism India
- 4) Samupadeshan (Marathi) by (ed) Deshpande C.G. (2010) Pune : Unmesh Prakashan

Syllabus for B.A. (Semester- VI)
Course V, Unit I
PSY 117–123 Project Work.
With effect from 2015-16.

Note:

2. Students should write a project any one of following topic in his /her, own hand writing.
3. Students should submit project report at the time of presentation duly signed by the concerned teacher and Head of the department.

Topics:

1. **Personologist.**
2. **Perspectives/schools of Psychology**
3. **Gestalt Principals and related work**
4. **Theories on intelligence.**
5. **Theories on Emotions.**
6. **Theories on Motivation.**
7. **Theories on Learning.**
8. **Theories on Forgetting.**
9. **Branches of Psychology. (Applied and Basic)**
10. **Case Study related study behavioral problems, Mirage Problems, Addiction, Suicide, Criminal Tendency, And Antisocial Personality.**
11. **Psychological and Physiological Problems in various fields.**
12. **Rape, Victimization and Riots.**
13. **Mob Psychology.**
14. **Role of Health Psychology in Society.**
15. **Attitudes regarding various social problems.**
16. **Terrorism**
17. **Contribution of person (Psychological, Sports Personality)**
18. **Women Problems.**
19. **Marital Conflicts.**
20. **Socio-economic status and Development.**
21. **Socialization.**

Syllabus for B.A. (Semester- V, VI)
Course V, & VI, Unit I & II
PSY 115 & 121 – Experiment/Practicum/ Testing
With effect from 2015-16.

A. Experiment & Test (For Main and Subsidiary students – any 16)

1. Sensation & Perception [Any Four]: -

Credit 1

- 1) Localization of Sound
- 2) Effect of noise on performance
- 3) Reminiscence
- 4) Field of Vision & Colour Zone by Perimeter
- 5) Multiple Choice
- 6) Signal Detection –
- 7) Free Association

2. Learning & Memory[Any Four]: -

Credit 1

- 1) Serial position effect
- 2) Retroactive inhibition
- 3) Paired Associate Learning
- 4) Zeigarnic effect
- 5) Mental work and Rest
- 6) Reaction time (Disjunction)

3. Personality & Intelligence[Any Four]: -

Credit 1

- 1) Personality Inventory - Khire & Rajguru
- 2) Maudsley Personality Inventory (MPI)
- 3) Achievement Motivation test
- 4) Bine Kamat test (IQ test)
- 5) Self Confidence Inventory - Rekha Gupta
- 6) Comprehensive Battery of scale of Entrepreneurship (CBSE-S)
- 7) NEO – PI
- 8) High School Personality Inventory (HSPQ)
- 9) Dimensional Personality Inventory (DPI)
- 10) Weschler's Adult Performance Intelligence Scale (WAPIS)
- 11) Bhatia's Intelligence Battery

4. Projective Test & Clinical Assessment [Any Four]: -

Credit 1

- 1) Dysfunction Analysis Questionnaire (DAQ)- D. Pershad et.al.
- 2) Sentences Completion test
- 3) Defense Mechanism Inventory (DMI)- N.R. Mrinal

- 4) Rorschach Ink Blot
- 5) Psycho-physiological state Inventory (PPSI) – Sanjay Vora
- 6) Medico-psychological Questionnaire (MPQ) – J. Bharat Raj
- 7) Indian adoption Anxiety Scale – S.D. Kapoor.
- 8) TAT

Section – B

Credit 4

Visit to Mental Health Center for developing case account and Report of the visit should be submitted at the time of practical examination.

Reference Book :-

1. Experiments in Psychology by – Girishbala Mohanty Kalyan Publishers, New Delhi.
2. Experiments in Psychology by – S. W. Deshpande.

Marks Distribution

Section A (Main and Subsidiary Students) Marks Distribution				Section B (Visit Report)		
Procedure	Report	Viva	Record Book Internal	Viva	Internal	Total
15	20	15	10	10	10	80

Syllabus for B.A. Psychology (Semester- V, VI)
Course V, & VI, Unit I & II
PSY 118 & 124 –Practicum
With effect from 2014-15.
Only for Students offering Main Subject

Small Research Project- A report of all such project should be submitted at the time of practical examination. **Credit 8**

Marks Distribution

Research Project			Internal	Total
Viva	Presentation	Content	20	80
20	20	20		

1. Student should bring two Copies of Research Project dully signed by HOD & concerned lecturer at the time of Practical Viva-Voce Examination.
2. Student should present his/her research project with the help of PPT.
3. A batch of ten students may be called at the time of Viva-Voce Examination.

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