

DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY

CIRCULAR NO.SU/M.A.Psychology/16/2016

It is hereby inform to all concerned that, on the recommendation of the Chairman of the Committee in Psychology, the Hon'ble Vice-Chancellor has **accepted curriculum of M.A. Psychology IInd Year, [III & IV Semester] with minor changes under Choice Based Credit and Grading System** in his emergency powers under Section-14[7] of the Maharashtra Universities Act, 1994 on behalf of the Academic Council.

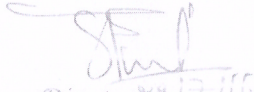
This is effective from the Academic Year 2016-17 & onwards as appended herewith under the Faculty of Social Sciences.

This syllabus is available on the University website www.bamu.ac.in.

All concerned are requested to note the contents of the circular and bring notice to the students, teachers and staff for their information and necessary action.

University Campus,
Aurangabad-431 004.
REF.NO. SU/M.A.PSY./SYLLA./
2016/4322-51
Date:- 19-07-2016.

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Director,
Board of College and
University Development.

Copy forwarded with compliments to :-

1] **The Principals, affiliated concerned Colleges,
Dr. Babasaheb Ambedkar Marathwada University.**
Copy to :-

- 1] The Controller of Examinations,
- 2] **The Section Officer, [M.A. Unit],**
- 3] The Programmer [Computer Unit-1] Examinations,
- 4] The Programmer [Computer Unit-2] Examinations,
- 5] The In-Charge, E-Suvidha Kendra, [Professional Unit], Rajarshi Shahu Maharaj Pariksha Bhavan, Dr. Babasaheb Ambedkar Marathwada University,
- 6] The Record Keeper,
Dr. Babasaheb Ambedkar Marathwada University.

N.B. : All are informed that to download a copy of syllabus from the above website.

COURSE CODE – PSY-412		NO. of Credits: 04
Course Title – CLINICAL INTERVENTION		FOURTH SEMESTER.
Assignments / Sessionals – 20 marks		
Semester Exam.- 80 marks		
Course Objective: To acquaint the students with:		
UNITS	COURSE CONTENT	PERIODS
UNIT I Clinical Intervention defined:-		15
	What problems are amenable to change? Objectives of clinical intervention- Features common to many therapies- Nature of Specific therapeutic- Nature of specific therapeutic variables- the patient or client- The therapist – Psychotherapy relationship- Ethical issues in psycho therapy – psychotherapy and counseling.	
UNIT II. Psycho dynamic Psychotherapy-		15
	Psychoanalysis- background and principles- Techniques of Freudian analysis-course of Therapeutic analysis- Carl Jung's analytical Psychology- Adler's Individual Psychotherapy	
UNIT III Humanistic, Experiential and Family therapies-		15
	Humanistic psychotherapy- Existential Psychotherapy- Gestalt Therapy- client Centered therapy- Eclectic Treatment combinations- Three Stage model of helping-family therapy- schools of family therapy-couple therapy-group therapy- process of group therapy curative factors.	
UNIT IV Cognitive Behavioral Interventions-		15
	Behavior therapy techniques- anxiety reduction methods- operant learning techniques- Applied behavior analysis- social skills and problem solving training –cognitive modification procedures cognitive behavior modification- self instructional training- REBT- Cognitive Therapy- Cognitive restructuring- coping and problem solving – cognitive Behavior therapy specific Applications- Panic disorder- phobia and OCD- Anxiety.	

Books for Reading:

- 1) Introduction to clinical Psychology Science, Practice and Ethics, By Jeffrey E. Hecker and Geoffrey L. Thorpe. New Delhi, Pearson Education Indian Edition, 2007.
- 2) Modern clinical Psychology By Korchin S.J. CBS Publishers and Distributors, New Delhi, 1986.
- 3) Clinical Psychology by Trull and Phraes (2001) Sixth Edition, Wadsworth, Thomson Learning Belmont, USA.